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# The Influence of Human Factors on 360° Mulsemmedia QoE

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## Abstract

Quality of Experience (QoE) is indelibly linked to the *human* side of the multimedia experience. Surprisingly, however, there is a paucity of research which explores the impact that *human factors* has in determining QoE. Whilst this is true of multimedia, it is even more starkly so as far as mulsemmedia - applications that involve media engaging three or more of human senses - is concerned. Hence, in the study reported in this paper, we focus on an exciting subset of mulsemmedia applications - 360° mulsemmedia - particularly important given that the upcoming 5G technology is foreseen to be a key enabler for the proliferation of immersive Virtual Reality (VR) applications. Accordingly, we study the impact that human factors such as gender, age, prior computing experience, and smell sensitivity have on 360° mulsemmedia QoE. Results showed insight into the potential of 360° mulsemmedia to in-

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spire and to enrich experiences for Generation Z - a generation empowered by rapidly advancing technology. Patterns of prior media usage and smell sensitivity play also an important role in influencing the QoE evaluation - users who have a preference for dynamic videos enjoy and find realistic the 360° mulsemmedia experiences.

*Keywords:* 360° Mulsemmedia, QoE, virtual reality, human factors, age, gender, prior experience, smell sensitivity

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## 1. Introduction

The user experience of multimedia applications is indelibly linked to the notion of Quality of Experience (QoE). In a digital world, characterised by a plethora of devices, heterogeneous infrastructure and ever-increasing and diverse content, satisfying QoE expectations remains at the forefront of multimedia research.

According to Brunnström et al. [1], QoE relates to the utility and the degree of satisfaction with a service or an application from the outlook of users, taking into account the context of usage and the user characteristics (psychological and social factors). Whilst the term QoE has, in terms of nomenclature, similarities to QoS - Quality of Service - in practice the two have different targets. QoS focuses on technical factors, namely the performance of telecommunication services that could eventually affect the overall QoS. For one, they apply to different layers of the ISO/OSI protocol stack (and testimony to the efforts to bridge the QoE-QoS gap are the many research endeavours in cross-layer design [2, 3, 4, 5, 6, 7, 8]); given that measuring QoE is quite complex, due to the subjective nature of the human multimedia experience, objectively measuring QoS parameters is a relatively straightforward task in comparison. One aspect, however, in which both QoE and QoS are similar is that they both tend to report average values. Although average bit rates, error rates, throughput, and delay are the norm in QoS reporting, doing the same for QoE masks one crucially important aspect - that even though, for convenience of reporting (and analogously to QoS), average QoE values are reported, the user experience is individual/specific to each user [9]. Much as the average family of 2.4 children, which never exists in practice but is a convenient reporting mechanism, so is the case for average QoE.

We, therefore, contend that in order to have a realistic - and complete

- view of QoE, we need to look at individual experiences and what makes a user’s experience of multimedia unique. Primordial in this respect are human factors - age, gender, personality, culture, learning and cognitive styles [10, 11, 12, 13, 14, 15, 16, 17, 18] have all been shown to have a bearing of how we interact with and assimilate information, as well as on the multimedia experience itself. However, whilst QoE is, by now, a staple of multimedia and HCI (Human-Computer Interaction) research, the influence of human factors on QoE is remarkably under-researched. This is starkly more poignant given the fact that, in a seminal paper providing a comprehensive view of QoE [1], it is acknowledged that human factors are an essential part of QoE and represent “any variant or invariant property or characteristic of a human user. The characteristic can describe the demographic and socio-economic background, the physical and mental constitution, or the user’s emotional state.”

Therefore, any total [19] or comprehensive [20] model of QoE has to include, by necessity, human factors. Indeed, if this is quasi-true about HCI and multimedia, it is even more starkly - and poignantly so - true when it comes to mulsemmedia (multiple sensorial media [21, 22]) and HCI. Accordingly, in the context of mulsemmedia, studies show that engaging more senses like the senses of smell, taste, and touch (i.e., olfactory [23, 24, 25], gustatory [26], and haptic stimulation [27, 28] respectively) produced in various modalities can improve the overall QoE of viewing audio-visual (AV) content. For example, the QoE impact of adding haptic effects through a cross-modal mapping of AV features into audio (and auto-generated vibrating haptic effects) is described in [29]. In this study, objective user experience data was captured using eye-gaze and heart-rate monitoring devices. Additionally, studies in [30, 31] reported an enhancement on users’ experience in terms of achieving a sense of immersion while viewing AV content combined with olfactory cues. However, with the notable exception of Murray’s work [32, 33], the influence of human factors in mulsemmedia QoE has been by and large ignored.

Similarly, the viewing of 360° videos on virtual reality (VR) headsets can provide novel immersive user experiences and, by extension, enhanced levels of QoE [34, 35, 36]. Moreover, whilst the impact of incorporating mulsemmedia and 360° video VR (namely, 360° mulsemmedia) has been shown to significantly enhance QoE [37] and lead to substantial bandwidth savings without the need for reducing QoE [38], to the best of our knowledge, the impact of human factors on 360° mulsemmedia remains completely unexplored. Therefore, the study reported in this paper concentrates on exploring how human factors

67 such as age, gender, prior computer experience, and smell sensitivity impact  
68 QoE in a 360° mulsemedia context.

69 The paper is organized as follows. Related work is presented in Section  
70 2, while research methodology and results are detailed in Sections 3, and  
71 4, respectively. Finally, Section 5 provides conclusions and identifies future  
72 endeavours.

## 73 2. Human Factors in Multimedia and Mulsemedia

74 Human factors is the scientific discipline concerned with the application of  
75 known human behavior, abilities, limitations and other characteristics to the  
76 design of tasks, equipment/technology or the environment [39, 40]. Human  
77 factors has a rich grounding within the context of User-Centred Design with  
78 notable application in areas such as aviation [41], ergonomics [42], and design  
79 for the elderly [43], to name but a few.

80 In essence, it attempts to understand the human factors affecting a user's  
81 performance and behaviour (in a digital system's usage experience) and  
82 thereby build the user's profile. The user profile is, therefore, used as input  
83 to optimize the system through personalization. The process of personal-  
84 izing the digital system involves activities such as extracting and modeling  
85 (semantic and structural) information about the system, retrieving the sys-  
86 tem's content according to the user profile, and adapting it to a user's context  
87 or preferences.

88 The significance of human factors has evolved with the proliferation of  
89 multi-user information systems as well as the diversity of services they pro-  
90 vide. Today, the pursuit of adapting and personalizing web-based systems is  
91 a common phenomenon in areas such as e-commerce and e-learning [44, 45,  
92 46, 47], to name but the most popular.

93 As far as multimedia systems are concerned, QoE - in common with the  
94 user experience associated with any digital system - is shaped by the inter-  
95 play between system factors, context and human factors [10]. Indeed, the  
96 importance that human factors play in multimedia QoE has been underlined  
97 in [11, 15]. Generally, when performing subjective QoE tests, the impact of  
98 human factors such as age, gender, cognitive style, vision and expertise levels  
99 have been explored [16]. Additionally, personality [12] and cultural traits  
100 such as in [14, 15] can also be incorporated as human factors in the study  
101 of multimedia QoE. In respect of mulsemedia, to the best of our knowledge,  
102 there are but two studies which investigated the relationship between human

103 factors and mulsemmedia QoE [32, 33]. Here, the authors reported that age  
104 and gender influence the perception of olfaction based mulsemmedia, thus in-  
105 dicating that these human factors have a significant influence on the user’s  
106 QoE in mulsemmedia.

107 **Human Factors and QoE in VR.** VR has been touted for the past  
108 years as a technology with a transformative effect on our lives and work.  
109 Devices are getting more powerful and applications more sophisticated. One  
110 exciting form of VR content which has recently come of age with the promise  
111 of 5G technology is 360° videos [48]. These display the full surroundings of  
112 a camera on a spherical canvas; however, because they need data to cover  
113 all spatial directions, 360° videos pose a challenge for the network to stream.  
114 This leads to solutions based on viewport-adaptive streaming [49]. Never-  
115 theless, as pointed in [50], these approaches open questions related to user  
116 navigation patterns: what do people focus on in 360° videos?; how does the  
117 type of video influence a user’s behaviour?; is there a correlation between  
118 this behaviour and the user’s characteristics?

119 Indeed, for VR to be effective and successful, several human factor is-  
120 sues need to be addressed. Previous research focused on certain aspects that  
121 characterise the experience of a VR environment such as cybersickness and  
122 presence. Studies showed that cybersickness in computer-generated VR en-  
123 vironments is affected by various human factors (e.g., age, gender, previous  
124 exposure to VR, alcohol consumption) [51, 52]. In [53], the authors showed  
125 there is a correlation between gender and metrics of presence, experienced  
126 realism, nausea, and disorientation, that led to female participants obtaining  
127 higher scores. Melo et. al [54] investigated whether exposure time, content  
128 type and gender influenced the experience of the participants in both cap-  
129 tured and synthesized VR setups. Their results showed: no impact between  
130 the time of exposure and the VR experience; the 360° captured video content  
131 setup led to a greater sense of presence compared to the synthesized content;  
132 female participants reported higher experienced realism in the synthesized  
133 environment.

134 The QoE paradigm, intensively applied in the assessment of multimedia  
135 and mulsemmedia systems, has also started to be employed in the modeling  
136 and evaluation of immersive experiences. Accordingly, in [55], the authors  
137 propose a framework for measuring the quality of immersive experience in  
138 storytelling, centred around human, system and design factors. The sense of  
139 presence is explored as an important factor influencing QoE in [56], where  
140 the authors predict it based on subjective evaluation scores together with

141 physiological signals of users (EEG, ECG, and respiration). This type of  
142 objective QoE evaluation in immersive VR environments is also performed  
143 in [57]. Wu et al. [58] evaluate and provide guidance on which technical  
144 Quality of Service (QoS) metrics (e.g., delay, visual quality) may impact the  
145 QoE in 3D tele-immersive environments. The authors also identify that a  
146 number of human and contextual factors such as age, social interaction, and  
147 physical setup impact user experience.

148 Summing up, the importance of human factors on QoE cannot be under-  
149 stated. Whilst previous research has explored the impact of human factors in  
150 traditional, mainly desktop-based, multimedia, and there have been incipient  
151 efforts examining their influence in mulsemmedia as well as immersive systems,  
152 the advent of brave new technologies makes opportune their investigation in  
153 novel contexts. One of these is that of 360° mulsemmedia, and it is this that  
154 the current paper focuses on. To this end, an empirical study was conducted,  
155 the methodology of which we now proceed to describe.

### 156 3. Methodology

#### 157 3.1. *Experimental design*

158 In this study, we aim to explore the influence of human factors on users’  
159 QoE when viewing 360° mulsemmedia. Thus, we adopted a 2x3x3 mixed ex-  
160 perimental design with between-subjects variables comprising participants’  
161 gender (female, male) and age (16-25, 26-35, >36 years old), whilst the  
162 within-subject variable was given by 360° mulsemmedia (three different 360°  
163 mulsemmedia videos).

164 The justification behind the choice of age and gender as independent  
165 variables rests in the fact that both have been shown to be important de-  
166 terminants of QoE [19, 59]; in particular, in a mulsemmedia context [33] has  
167 previously explored the impact of age and gender on perceived visual and  
168 olfactory media synchronization and shown significant differences to exist.  
169 As already described, the gender variable was constituted from the Male  
170 and Female groups, while the age variable had 3 separate and approximately  
171 equal-sized age-groups: 16-25, 26-35, and over 36 years old. The three groups  
172 roughly correspond to different generations: Generation Z - people born be-  
173 tween 1995 - 2010; Generation Y - people born between 1980 - 1994; Gen-  
174 eration X - people born between 1960 - 1979<sup>1</sup>. Prior experience and smell

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<sup>1</sup>Millennials, baby boomers or Gen Z available at <https://www.bbc.co.uk/bitesize/>



175 sensitivity, on the other hand, were ascertained through a series of questions,  
176 as will be presented in Section 3.4.

177 As regards the within-subjects variable, 360° mulsemmedia, this was com-  
178 prised of the three 360° video clip types, each with a different degree of  
179 dynamism (as will be described in Section 3.3), To avoid order effects, the  
180 presentation order of videos was also varied cyclically the way (see Table 2  
181 in [37]).

182 The dependent variable of our study was the user QoE, as determined by  
183 a series of questions which shall be detailed in Section 3.4.

184 Other determinants of QoE, which were not manipulated, but monitored,  
185 in our study include prior computing experience, and smell sensitivity. The  
186 former has been shown to be an important determinant affecting QoE [19, 60],  
187 whilst smell sensitivity to congruent smells (as is the case of our study)  
188 has been shown to influence attributes such as stimulus sensitivity, salience  
189 and sensory-motor integration [61], all important influencers of user sensory  
190 perception and, by extension, QoE [62].

### 191 3.2. Apparatus

192 In order to explore our research question, we built a 360° mulsemmedia  
193 head-mounted prototype (Figure 1). This was composed of a smartphone  
194 mounted on a VR headset to render the 360° videos. The smartphone was  
195 a Samsung Galaxy S6, with a Super AMOLED capacitive touchscreen and  
196 16M colors, 5.1 inches (71.5  $cm^2$ ) screen size, and 1440 x 2560 pixels (and  
197 577 PPI density) resolution. Attached to the VR headset was a scent and  
198 wind-emitter device, controlled by DFRobot Bluno Nano. The device was  
199 composed of a frame, re-sizeable pipe (for directing the scent appropriately),  
200 cartridge, fan (for wind effects), as well as mesh bags with scent crystals. The  
201 power supply of the wind device was modified so that it can be used with an  
202 AC power source. An Arduino Uno microcontroller was used to control both  
203 the power supply and the wind blower fan.

204 A laptop running a mulsemmedia effects renderer called PlaySEM SER  
205 [63] was also used to logically integrate the 360° video applications to the  
206 wind and smell devices. The laptop was a quad-core Intel Core i7-6700  
207 HQ running at 2.6GHz, 16 GB RAM, 260 GB SSD, and GTX960M 4 GB  
208 GPU. We employed a WiFi router to wirelessly connect the laptop and the





Figure 1: User with our 360° multimedia prototype.

209 smartphone.

210 Last but not least, mention must be made that participants sat on a  
 211 swivel-chair which enabled them to spin around and experience the 360°  
 212 videos.

### 213 3.3. *Experimental material*

214 Three 360° videos were used in the experiment. Our choice of these videos  
 215 was determined based on their varying degrees of dynamism/content motion  
 216 (static, semi-dynamic, and dynamic), intended to cover different types of  
 217 video quality impairments that could eventually be perceived by users. Dy-  
 218 namism and motion in video scenes impact encoding parameters (such as  
 219 the temporal and spatial activity measures or frame difference estimation)

220 in almost all video codecs. Therefore, for the same bit rate, major modi-  
221 fications in terms of dynamism and motion may result in perceived quality  
222 impairment (visibility of smudgy or blocky parts) [64, 65]. Thus, the selected  
223 360° videos are (Figure 2):

- 224 • Lavender field - Camera position: fixed. Content: static - a meander  
225 through a field of lavender. The background presents no activity and  
226 the user can only feel the wind and the smell of lavender;
- 227 • Coffee shop - Camera position: fixed. Content: semi-dynamic - a  
228 barista preparing a cappuccino. There a slight activity in the back-  
229 ground and the user can feel the scent of coffee as it is prepared and  
230 experience a puff of air coming from the machine while pumping steam  
231 and frothing the milk;
- 232 • Roller-coaster - Camera position: moving. Content: dynamic - back-  
233 ground that moves with the camera located in the carriage of a roller-  
234 coaster. The user feels slightly the scent of diesel as well as the wind  
235 in the face while riding the roller coaster.

236 Each of the 360° videos had a duration of 60 seconds and was combined  
237 with wind (W) and smell (S) effects on our developed prototype to produce  
238 360° mulsemmedia video content. These effects were synchronized with the  
239 AV content of the 360° videos and rendered at certain magnitudes (shown  
240 in Figure 2 as % just below the snapshots of the videos) across the duration  
241 of each of the three video clips. The percentage represents the fraction of  
242 full power the device utilized for rendering W and S effects. The schedule  
243 of sensory effects is congruent with the scenes in the videos. Therefore, the  
244 variations take them into account.

245 The particular scents employed were *lavender*, *coffee*, and *diesel* for the  
246 lavender field, coffee shop, and roller-coaster clips, respectively. Whilst the  
247 choice of the first two is self-evident, the *diesel* scent was particularly em-  
248 ployed as it is reminiscent of the lubricant smell coming out in roller coaster  
249 rides due to the high friction experienced. A copy from each video’s en-  
250 coding qualities was annotated with MPEG-V which enables to render the  
251 mulsemmedia effects based on metadata [66].

### 252 3.4. Research instruments

253 Firstly, as stated in Section 3.1, prior to the start of the experiment  
254 proper, users completed a previous experience and smell sensitivity ques-  
255 tionnaires.

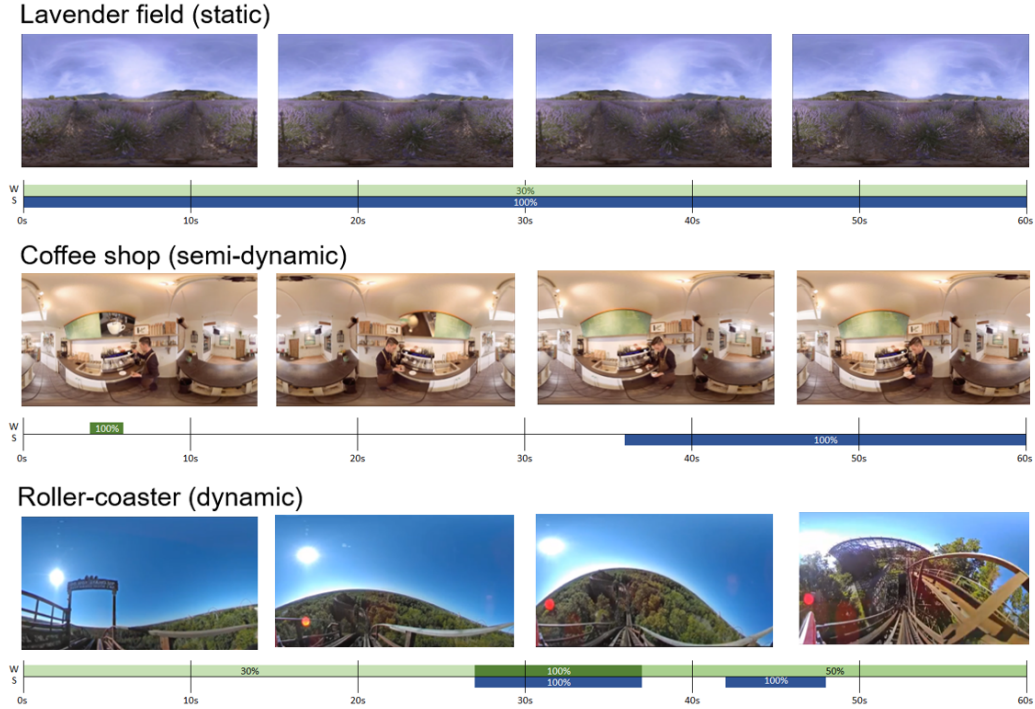


Figure 2: Different frames of the chosen 360° videos and their dynamism, and sensory effects schedule for them. W is Wind, and S is Scent. Both are represented in percentage considering the maximum power of the devices.

- 256 The prior experience questionnaire is composed of the following items:
- 257 • *PExp1: How familiar are you with subjective video quality evaluation?*  
 258 {I am not familiar, I am familiar, I work in the area}
- 259 • *PExp2: Do you watch High-Quality movies?*  
 260 {Never, At least once a month, At least once a week, Everyday}
- 261 • *PExp3: How familiar are you with 360° videos?*  
 262 {I am familiar, I've watched on a few occasions, I watch everyday}
- 263 • *PExp4: Have you used a Virtual Reality (VR) headset before?*  
 264 {Yes, No}
- 265 • *PExp5: How familiar are you with VR experiences?*  
 266 {I am not familiar, I've experienced on a few occasions, I experience  
 267 everyday}

- 268 • ***PExp6:*** *How often do you watch videos on the Internet using mobile*  
 269 *devices?*  
 270 {Everyday, At least once a week, At least once a month, Never}
- 271 • ***PExp7:*** *If you are familiar with 360° videos, what device do you use*  
 272 *to watch them?*  
 273 {I am not familiar, Home TV, Smartphone or Laptop or Ipad, VR  
 274 Headset}
- 275 • ***PExp8:*** *What type of video content are you mainly watching on your*  
 276 *mobile device?*  
 277 {Static, Semi-dynamic, Dynamic}

278 The questions relating to smell sensitivity are based on the Chemical Odor  
 279 Sensitivity Scale (COSS) [67] and are also expressed on a 5-point Likert scale  
 280 {Strongly Agree, Agree, Neutral, Disagree, Strongly Disagree}. They are:

- 281 • ***SS1:*** *When I enter into freshly painted rooms, I easily develop difficulty*  
 282 *in breathing.*
- 283 • ***SS2:*** *Sprays and drying paint give me a feeling of difficulty in breathing.*
- 284 • ***SS3:*** *Small quantities of smoke make me cough.*
- 285 • ***SS4:*** *As soon as I smell smoke, I have difficulty in breathing.*
- 286 • ***SS5:*** *I cannot stay in smoky rooms for a long period of time.*
- 287 • ***SS6:*** *Strong smell of paint gives me a feeling of nausea.*
- 288 • ***SS7:*** *Strong smell of paint and smoke makes me feel dizzy.*
- 289 • ***SS8:*** *I am very sensitive to the smell of petrol at petrol stations.*
- 290 • ***SS9:*** *I develop difficulty in breathing the smell of detergents.*
- 291 • ***SS10:*** *I cannot tolerate certain perfumes.*
- 292 • ***SS11:*** *Exhaust gases are very unpleasant for me.*

293 QoE, as a dependent variable, is also captured through a questionnaire.  
 294 which the participants responded to after watching each of the 360° mulse-  
 295 media video clips. This questionnaire is based on and adapted from previous  
 296 ones employed in mulsemedia QoE studies [32, 33, 68, 69, 70] :

- 297 • ***QoE1:*** *Please rate the overall quality of the 360° video experience.*  
 298 {Bad, Poor, Fair, Good, Excellent}

- 299 • *QoE2: The quality of the visual display was appropriate.*  
300 {Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree}
- 301 • *QoE3: I enjoyed the 360° video experience.*  
302 {Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree}
- 303 Questions targeting the QoE of multi-sensory effects complement the  
304 above questions, and are also expressed on a 5-point Likert scale  
305 {Strongly Disagree, Disagree, Neutral, Agree, Strongly Agree}
- 306 • *QoE4: How would you rate the intensity of the olfaction effect?*  
307 {Too Weak, Weak, Just Fine, Strong, Too Strong}
- 308 • *QoE5: How would you rate the intensity of the airflow effect?*  
309 {Too Weak, Weak, Just Fine, Strong, Too Strong}
- 310 • *QoE6: The olfaction effect enhances the sense of reality.*
- 311 • *QoE7: The olfaction effect is distracting.*
- 312 • *QoE8: The olfaction effect is annoying.*
- 313 • *QoE9: I enjoy watching the video with olfactory effects.*
- 314 • *QoE10: The scent was mismatched to what I was watching.*
- 315 • *QoE11: The airflow effect enhances the sense of reality.*
- 316 • *QoE12: The airflow effect is distracting.*
- 317 • *QoE13: The airflow effect is annoying.*
- 318 • *QoE14: I enjoy watching the video with airflow effects.*

### 319 3.5. Participants and procedure

320 A power analysis was conducted in order to determine the sample size  
321 for the experiment. Accordingly, given the experimental design detailed in  
322 Section 3.1, a desired power of 0.8, a large effect size of 0.8, and a signifi-  
323 cance level of 0.05 yields a minimum sample size of 47. In the end, a total of  
324 48 participants (27 male, 21 female) took part in this study. Their age was  
325 between 16 and 65 years old (16 between 16 - 25; 15 between 26 - 35; 17 over  
326 35 years old). Participants were recruited from three universities through  
327 email advertising. None of them received any monetary compensation for  
328 taking part. Invited users who reported motion and altitude sickness, allergy

329 to smells, or colour blindness, were not allowed to proceed with the experi-  
330 ment. Thus, three participants meeting at least one of these conditions were  
331 excluded from the initial pool of 51 volunteers.

332 Participants were informed about the content, the stages, and duration  
333 of the experiment. Prior to the start of the experiment, users gave informed  
334 consent. Additionally, they were reminded they could withdraw at any time.  
335 Each participant was then asked to fill in a set of questionnaires concerning  
336 demographic information, prior experience, and smell sensitivity, as detailed  
337 in Sections 4.5 and 4.6. The experiment started when participants put on  
338 the customised 360° multisensory VR headset (Figure 1) and experienced  
339 the selected videos (see Figure 2). After each video, users answered a QoE  
340 questionnaire (presented in Section 3.4).

### 341 3.6. Analysis

342 SPSS 25.0 (Statistical Package for Social Science) for Windows was used  
343 to perform statistical analyses. Data were analysed with both parametric  
344 and non-parametric procedures. Accordingly, t-Tests for independent sam-  
345 ples, one-way ANOVA and correlations tests were used to analyse the im-  
346 pact of gender, and smell sensitivity differences on the perceived quality  
347 of 360° mulsemmedia. A three-way ANOVA was employed to examine the  
348 effect of gender, age and type of video on users' QoE. We also used the non-  
349 parametric Kruskal-Wallis test to examine the influence of prior experience  
350 on 360° mulsemmedia QoE. For analysis purposes, responses to the Likert scale  
351 5 point questions presented in Section 3.4 were mapped to the numerical val-  
352 ues 1 to 5. The internal consistency of the scale as measured by Cronbach  
353 alpha was 0.75, which is considered good [71].

## 354 4. Results and Discussion

### 355 4.1. Gender

356 t-Tests for independent samples were conducted to compare differences  
357 in male and female users' quality perception of 360° mulsemmedia. Results for  
358 gender-related differences in QoE evaluations are presented in Table 1.

359 Regardless of gender, the QoE evaluation of the 360° mulsemmedia expe-  
360 rience was positive (see MOSs - Mean Opinion Score - for each question in  
361 Figure 3). Participants reported similar levels of enjoyment (QoE3, QoE9,  
362 QoE14) and tended to disagree with the negative statements related to scents  
363 and airflow (QoE7, QoE8, QoE10, QoE12, QoE13). Mean values presented



Table 1: Gender differences in QoE evaluation.

Question	<i>t</i>	<i>p</i>	<i>d</i>	Question	<i>t</i>	<i>p</i>	<i>d</i>
QoE1	-1.28	.20	0.22	QoE8	-1.02	.31	0.18
QoE2	.07	.94	0.02	QoE9	-.08	.93	0
QoE3	.33	.74	0.05	QoE10	1.74	0.84	0.27
<b>QoE4</b>	<b>-1.99</b>	<b>.048</b>	0.33	QoE11	.26	.79	0.04
<b>QoE5</b>	<b>-2.96</b>	<b>.004</b>	0.51	QoE12	.19	0.85	0.02
QoE6	.65	.52	0.11	QoE13	-.65	.52	0.11
QoE7	-1.11	.27	0.19	QoE14	.98	.33	0.17

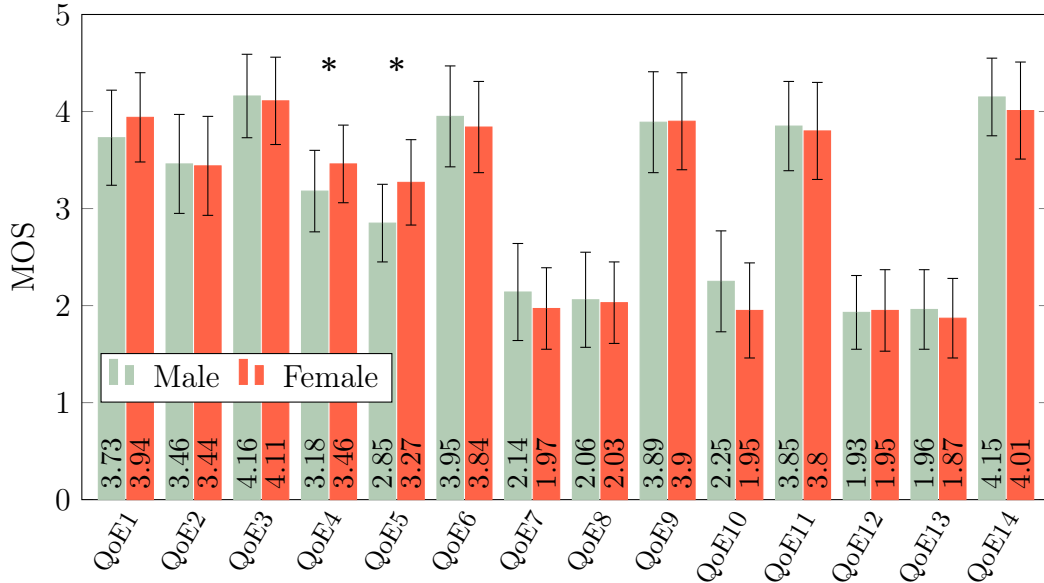


Figure 3: Gender MOS differences in QoE evaluation.

in Figure 3 show that by employing additional sensory cues, we increase the realism of the 360° experience (QoE6, QoE11) for both gender groups.

A statistically significant influence of gender was found with respect to the perceived intensity of scents and airflow (QoE4, QoE5):  $t(142) = 0.85$ ,  $p = 0.048$  and  $t(142) = 1.53$ ,  $p = 0.004$ . Female participants perceived the scents and airflow stronger than male participants, thus indicating certain sensory sensitivity differences between genders.

Existing literature investigated the role of gender in QoE evaluation of multisensory multimedia and games [32, 33, 72] with encouraging results. In [73], Murray et. al propose a model that estimates gender factors have an 8% influence on user QoE in olfaction-enhanced multimedia. Our results



extend existing studies to 360° multisensory media setups and show that here, gender influence on QoE evaluation is less significant. This could be explained by the immersive experience this type of media provides - totally different from traditional audio-visual content. Significant differences between genders were found only in the perceived intensity of sensory content (scent and airflow). These results confirm and extend in a 360° digital media setup the findings in [74], which showed that on average women are more sensitive to scent than men.

#### 4.2. Age-group

To understand if people belonging to different age groups evaluate QoE in different ways, we carried out a one-way ANOVA test (age: three levels corresponding to three age-groups). Results are presented in Table 2. Analysis of variance showed that age has a significant effect on *quality evaluation* (QoE1; QoE2):  $F(2,141) = 7.51$ ,  $p < 0.005$ ;  $F(2,141) = 4.01$ ,  $p < 0.05$ ; on the perceived level of *airflow intensity* (QoE5):  $F(2,141) = 4.17$ ,  $p < 0.05$ ; and on the *degree of realism of airflow* in 360° mulsemmedia (QoE11):  $F(2,141) = 8.81$ ,  $p < 0.005$ . To establish what age-groups influence the experience of 360° mulsemmedia, we employed pairwise comparisons of the means using Tukey’s Honestly Significant Difference procedure.

Table 2: Age-group differences in QoE evaluation.

Question	F	p	$\eta^2$	Question	F	p	$\eta^2$
<b>QoE1</b>	<b>7.51</b>	<b>.001</b>	<b>0.96</b>	QoE8	1.43	.24	0.01
<b>QoE2</b>	<b>4.01</b>	<b>.02</b>	<b>0.05</b>	QoE9	0.1	.89	0.02
QoE3	2.53	.08	0.23	QoE10	1.21	.31	0.23
QoE4	.51	.59	0.007	<b>QoE11</b>	<b>8.81</b>	<b>.0015</b>	<b>0.11</b>
<b>QoE5</b>	<b>4.17</b>	<b>.017</b>	<b>.056</b>	QoE12	3.08	.051	0.042
QoE6	1.31	.27	0.018	QoE13	1.94	.14	0.027
QoE7	.56	.57	0.01	QoE14	2.99	.053	0.027

Most of the significant differences were observed between the group aged 16-25 years old and the group where participants were between 26-35 years old, with the latter assigning constantly harsher scores than the former - for instance, in the case of *QoE1: Please rate the overall quality of the 360° video experience*:  $M_{16-25} = 4.19$ ,  $SD_{16-25} = 0.96$ ;  $M_{26-35} = 3.44$ ,  $SD_{26-35} = 0.84$ . Similar differences between the two groups were also found for *QoE2: The*

400 *quality of the visual display was appropriate:  $M_{16-25} = 3.73$ ,  $SD_{16-25} = 1.10$ ;*  
401  *$M_{26-35} = 3.13$ ,  $SD_{26-35} = 0.89$  (see Figure 4).*

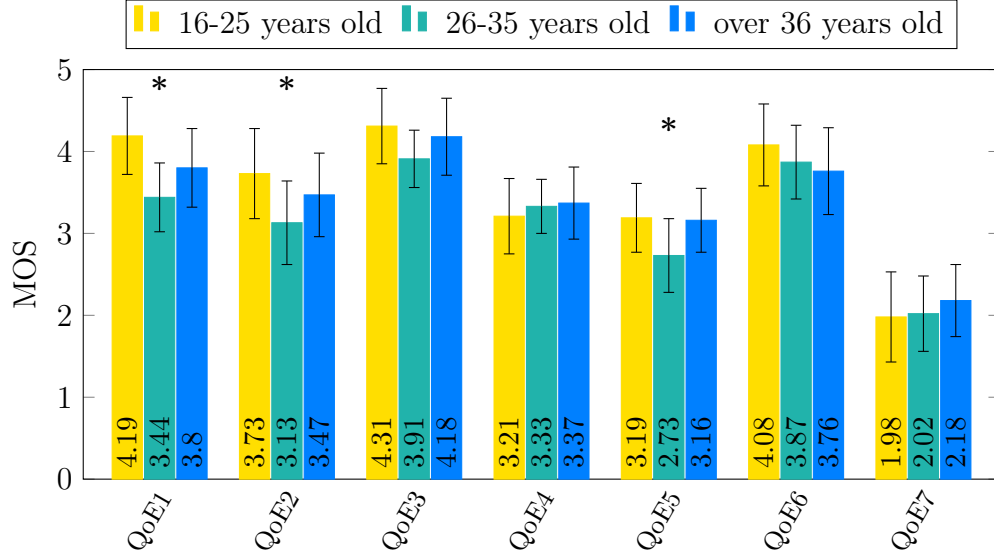


Figure 4: Age-group MOS differences in QoE evaluation (QoE1 - QoE7).

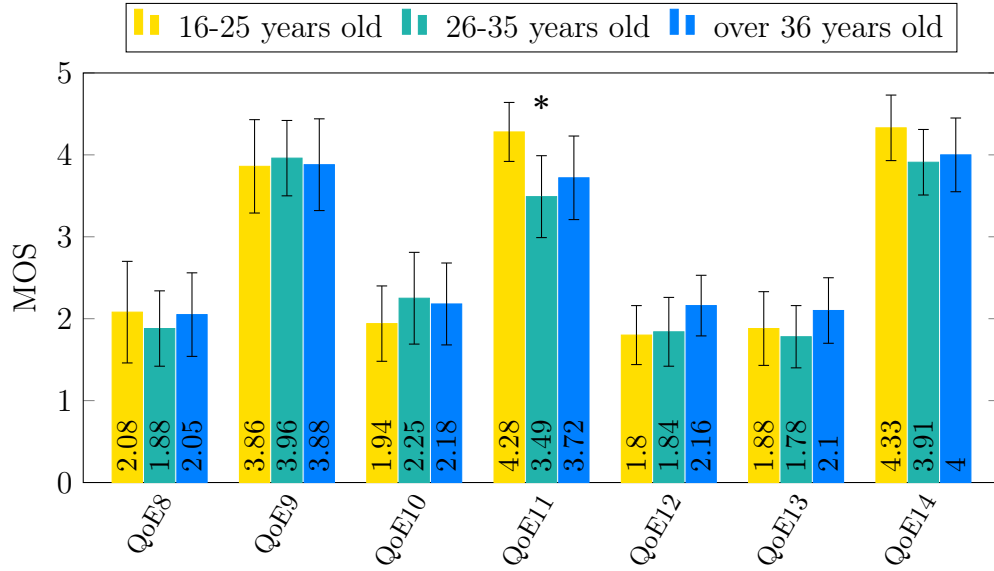


Figure 5: Age-group MOS differences in QoE evaluation (QoE8 - QoE14).

402 Significant differences between groups were also highlighted for the per-

403 ception of the airflow content in aspects related to its intensity *QoE5: How*  
404 *would you rate the intensity of the airflow effect?:*  $M_{26-35} = 2.73$ ,  $SD_{26-35} =$   
405  $0.91$ ,  $M_{16-25} = 3.19$ ,  $SD_{16-25} = 0.84$ ;  $M_{36+} = 3.16$ ,  $SD_{36+} = 0.78$ , or  
406 to the degree of realism provided by airflow *QoE11: The airflow effect en-*  
407 *hances the sense of reality:*  $M_{16-25} = 4.28$ ,  $SD_{16-25} = 0.74$ ;  $M_{26-35} = 3.49$ ,  
408  $SD_{26-35} = 0.99$  (see Figures 4 and 5).

409 These results show that age plays an important role in influencing view-  
410 ers' experience of 360° videos enhanced with multisensory effects. This sup-  
411 ports previous findings that presented evidence on the key role played by  
412 human factors (e.g., gender, age, personality, culture) in the way perception  
413 of multimedia and mulsemedia quality and enjoyment are rated [14, 33, 73].  
414 MOSs presented in Figures 4 and 5 indicated that Generation Z (born in  
415 the mid-1990s to the early 2000s) displays a strong engagement with the  
416 multisensory content. Overall, users aged 16-25 showed a stronger tendency  
417 than their older peers towards awarding better scores to the 360° mulseme-  
418 dia experience. Their MOSs are the highest in all the important analysed  
419 aspects (quality, enjoyment) with highlights related to the wind effect. This  
420 preference can be explained by [75], where they looked into assessing the  
421 effects of multisensory cues on user engagement in immersive environments  
422 and found significant correlations between wind and happiness.

#### 423 4.3. Gender, age, and type of video

424 A three-way ANOVA was run to examine the effect of gender, age and  
425 type of video on users' QoE. There was no significant three-way interaction  
426 between gender, age, and video, and neither was the interaction between age  
427 and video or age and gender found to be significant.

#### 428 4.4. Gender, age and prior experience

429 To examine the effect of gender, age and prior experience on users' QoE,  
430 we conducted a three-way ANOVA and we display the values obtained for the  
431 interaction between gender and prior experience in Table 3, the interaction  
432 between age and prior experience in Table 4 and the three-way interaction in  
433 Table 5. This analysis highlighted the additional potential impact that prior  
434 experience could have on QoE, towards which end we conducted further tests  
435 as detailed in the next section.

Table 3: Interaction between gender and prior experience on QoE

$QoE_{1-14}$	Gender*							
	$PExp1$	$PExp2$	$PExp3$	$PExp4$	$PExp5$	$PExp6$	$PExp7$	$PExp8$
QoE1	<b>.029</b>	<b>.015</b>	.118	.571	.913	.500	.102	<b>.007</b>
QoE2	<b>.018</b>	<b>.014</b>	.427	.745	.644	.111	.282	<b>.015</b>
QoE3	<b>.005</b>	.352	<b>.025</b>	.340	<b>.050</b>	.052	.070	.180
QoE4	.833	.831	.650	.792	.966	.751	.415	<b>.042</b>
QoE5	<b>.023</b>	<b>.039</b>	.654	.756	.442	<b>.007</b>	.101	.504
QoE6	.929	.468	.613	.797	.934	.382	.735	.104
QoE7	.213	.339	.715	.857	<b>.001</b>	.153	.937	.306
QoE8	.633	.298	.464	.408	.635	.144	<b>.015</b>	.527
QoE9	.106	.812	.656	.633	.310	.508	.272	.220
QoE10	.199	.162	.609	.996	.517	.341	.468	.547
QoE11	.423	.456	.264	.095	.308	<b>.000</b>	.458	.290
QoE12	.063	.460	<b>.030</b>	.169	.081	.172	.311	.924
QoE13	<b>.013</b>	.367	<b>.003</b>	.387	.383	.142	.197	.380
QoE14	<b>.033</b>	.685	.247	.511	.432	<b>.000</b>	.304	.122

#### 4.5. Prior experience

In order to gauge the impact of users' prior experience on QoE, we applied the non-parametric Kruskal-Wallis test (and t-test for  $PExp4$ ). In Table 6, we show the p-values obtained between the different groups. We highlight significant values ( $p < 0.05$ ) that provide very strong evidence of a difference between at least one pair of the groups.

Next, we carried out a series of post-hoc tests to understand the implications of the various dimensions of prior experience on user 360° mulsemmedia OoE. Meaningful results are presented next; p-values were adjusted using Bonferroni correction.

##### 4.5.1. How familiar are you with subjective video quality evaluation? ( $PExp1$ )

The Kruskal-Wallis test result in Table 6 shows that the difference in responses for **QoE8** ( $\chi^2(2) = 16.69$ ,  $p < 0.001$ ) and **QoE13** ( $\chi^2(2) = 7.53$ ,  $p = 0.023$ ) is statistically significant with respect to participants' level of familiarity with subjective video quality evaluation. Dunn's pairwise tests were

Table 4: Interaction between age and prior experience on QoE

$QoE_{1-14}$	Age*							
	$PExp1$	$PExp2$	$PExp3$	$PExp4$	$PExp5$	$PExp6$	$PExp7$	$PExp8$
QoE1	.496	.187	.918	.627	.575	<b>.016</b>	.238	<b>.003</b>
QoE2	.709	.780	.750	.639	.517	<b>.001</b>	.381	<b>.002</b>
QoE3	.244	<b>.004</b>	.193	.063	.078	.504	.061	<b>.004</b>
QoE4	.188	.270	.750	.553	.625	.358	.972	.199
QoE5	.977	.058	.792	<b>.004</b>	<b>.032</b>	.072	<b>.027</b>	.079
QoE6	.104	.402	.213	.104	.348	.440	.768	.836
QoE7	<b>.002</b>	<b>.015</b>	<b>.033</b>	.077	.099	.254	<b>.018</b>	.241
QoE8	<b>.027</b>	<b>.044</b>	.348	<b>.016</b>	<b>.029</b>	.313	<b>.035</b>	.430
QoE9	.094	.188	.106	<b>.021</b>	.126	.262	.144	.117
QoE10	<b>.006</b>	<b>.015</b>	<b>.000</b>	<b>.001</b>	<b>.005</b>	.388	<b>.000</b>	.009
QoE11	.082	.891	.544	.423	.690	<b>.006</b>	.782	.273
QoE12	<b>.008</b>	.166	.072	.097	.081	.782	.540	.134
QoE13	<b>.016</b>	.356	.055	.185	.192	.451	.213	.288
QoE14	<b>.033</b>	.673	.079	<b>.005</b>	<b>.046</b>	<b>.000</b>	.608	.069

carried out for the three pairs of groups (**not familiar, familiar, working in the area**). Evidence of significant differences between pairs of groups is presented in Table 7 and shows that users who are not knowledgeable about the process of subjective video quality evaluation are significantly less disturbed by the presence of multisensory content than those who are familiar or work in the area.

#### 4.5.2. Do you watch High-Quality movies? ( $PExp2$ )

Values in Table 6 show that the differences in responses for **QoE2** ( $\chi^2(3) = 9.18$ ,  $p = 0.027$ ), **QoE5** ( $\chi^2(3) = 14.43$ ,  $p = 0.002$ ), **QoE11** ( $\chi^2(3) = 8.82$ ,  $p = 0.032$ ), and **QoE12** ( $\chi^2(3) = 8.14$ ,  $p = 0.043$ ) are statistically significant with respect to participants' viewing patterns (**never, at least once a month, at least once a week, everyday**). For QoE2 and QoE12, Dunn's post hoc tests could not provide evidence of the groups between which significant differences exist in the perceived quality of the visual display and in the distraction produced by the airflow effect. The pairs of groups with

Table 5: Three-way interaction between gender, age and prior experience on QoE (for PExp6 this level combination of factors is not observed, thus the corresponding population marginal mean is not estimable.)

$QoE_{1-14}$	Age*Gender*							
	PExp1	PExp2	PExp3	PExp4	PExp5	PExp6	PExp7	PExp8
QoE1	.473	<b>.022</b>	.342	.124	.664	.	.377	.172
QoE2	<b>.021</b>	<b>.003</b>	.310	.458	.414	.	.159	.544
QoE3	<b>.023</b>	<b>.014</b>	.238	.100	.231	.	.372	.135
QoE4	.060	.970	.793	.744	.719	.	.762	.059
QoE5	.345	.178	.073	.114	.233	.	.211	.537
QoE6	.929	.117	.952	.358	.372	.	.344	.106
QoE7	.592	.144	.780	.291	.360	.	.334	.624
QoE8	.549	.371	.735	.077	.183	.	.237	.410
QoE9	.160	.794	.129	.781	.819	.	.131	.145
QoE10	.284	.518	.652	.742	.811	.	.677	.487
QoE11	.396	.276	.598	.290	.658	.	.783	<b>.014</b>
QoE12	.335	.366	.357	.432	.413	.	.690	.360
QoE13	.779	.352	.808	<b>.021</b>	<b>.050</b>	.	.962	.067
QoE14	.125	.264	.172	.509	.492	.	.264	.201

significant different views for QoE5 and QoE11 are detailed in Table 8.

Our results thus show that user viewing patterns are important factors to consider when designing mulsemmedia experiences, particularly in respect of perceived sense of reality, quality of display, intensity of airflow, as well as the enjoyment of olfactory effects. Whilst there is evidence [76] that user viewing interests do influence some aspects of multimedia QoE, it seems that this is also the case as far as 360° mulsemmedia is concerned.

#### 4.5.3. How familiar are you with 360° videos? (PExp3)

p-Values in Table 6 show that when we consider different degrees of familiarity to 360° videos (**I am familiar, I've watched on a few occasions, I watch everyday**), we obtain significant differences in responses for **QoE3** ( $\chi^2(2) = 6.11$ ,  $p = 0.047$ ) and **QoE8** ( $\chi^2(2) = 9.31$ ,  $p = 0.01$ ). When it comes to the enjoyment of the 360° experience (QoE3), post hoc tests did

Table 6: p-Values for Kruskal Wallis test.

$QoE_{1-14}$	$PExp1$	$PExp2$	$PExp3$	$PExp4$	$PExp5$	$PExp6$	$PExp7$	$PExp8$
QoE1	.223	.423	.066	<b>.043</b>	<b>.005</b>	.765	.699	.124
QoE2	.392	<b>.027</b>	.162	<b>.011</b>	.052	<b>.045</b>	.194	<b>.001</b>
QoE3	.690	.063	<b>.047</b>	<b>.001</b>	<b>.045</b>	0.070	.120	<b>.001</b>
QoE4	.117	.561	.558	.071	.509	.384	<b>.020</b>	.683
QoE5	.065	<b>.002</b>	.950	.877	.557	<b>.009</b>	.269	.249
QoE6	.151	.679	.212	.857	<b>.016</b>	.325	.059	<b>.002</b>
QoE7	.098	.394	.070	.525	.110	.184	<b>.024</b>	<b>.001</b>
QoE8	<b>.000</b>	.787	<b>.010</b>	<b>.022</b>	<b>.001</b>	.472	<b>.005</b>	<b>.001</b>
QoE9	.206	.108	.557	.911	.107	.946	.588	<b>.032</b>
QoE10	.200	.895	.329	.532	.101	.698	.214	<b>.014</b>
QoE11	.852	<b>.032</b>	.788	.090	.714	.183	.270	<b>.000</b>
QoE12	.102	<b>.043</b>	.098	.968	<b>.020</b>	.116	.167	<b>.000</b>
QoE13	<b>.023</b>	.493	.168	.390	<b>.026</b>	.179	.247	<b>.000</b>
QoE14	.287	.096	.293	<b>.022</b>	.205	.202	.253	<b>.000</b>

Table 7: Dunn’s pairwise tests for PEx1: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

$QoE_{ID}$	G1	G2	$MR_{G1}$	$MR_{G2}$	p
8 annoyance caused by olfaction	<i>familiar</i>	<i>not familiar</i> <i>working - area</i>	91.01	61.99 67.00	<0.001 0.042
13 annoyance caused by airflow	<i>familiar</i>	<i>not familiar</i>	84.93	65.71	0.023

Table 8: Dunn’s pairwise tests for PEx2: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

$QoE_{ID}$	G1	G2	$MR_{G1}$	$MR_{G2}$	p
5 perceived airflow intensity	<i>never</i>	<i>once a week</i> <i>once a month</i>	5.00	78.44 75.17	0.008 0.005
11 perceived realism from airflow	<i>never</i>	<i>once a week</i>	15.67	79.37	0.023



not provide evidence of the groups between which significant differences exist.  
Results of Dunn’s pairwise test for Qo8 are presented in Table 9.

Table 9: Dunn’s pairwise tests for PEx3: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

QoE <sub>ID</sub>	G1	G2	$MR_{G1}$	$MR_{G2}$	p
8 annoyance caused by olfaction	<i>everyday</i>	<i>on a few occasions</i>	131.33	68.21	0.016

Our results show that the user’s familiarity with the content being viewed is an important factor to consider in the design of mulsemmedia experiences, particularly when it comes to the annoyance due to olfactory effects. This mirrors similar findings in the multimedia arena [77], which have highlighted the importance of content familiarity on QoE.

#### 4.5.4. Have you used a Virtual Reality (VR) headset before? (PExp4)

An independent samples t-test was performed on participants QoE responses (yes, no) with respect to PExp4 as a grouping factor. Mean and SD values are presented in Figure 6. Statistically significant differences were observed between the two groups in answers to **QoE1**, **QoE2**, **QoE3**, **QoE8** and **QoE14**.

These results suggest that participants who did not have previous experience with a VR headset rated significantly higher aspects related to: the quality of the overall experience (QoE1:  $t(142) = 2.05$ ,  $p = 0.043$ ), the quality of the visual display (QoE2:  $t(142) = 2.57$ ,  $p = 0.011$ ), the perceived enjoyment of the 360° mulsemmedia experience (QoE3:  $t(142) = 3.25$ ,  $p = 0.001$ ), and the enjoyment produced by airflow effects (QoE14:  $t(142) = 2.32$ ;  $p = 0.022$ ). Moreover, they were less annoyed by the olfactory content added to the experience (QoE8:  $t(142) = -2.32$ ,  $p = 0.022$ ).

Our analysis thus revealed interesting insights into the impact that prior use of VR headsets has on 360° mulsemmedia QoE. It is notable to remark, though, that whilst there are significant differences between the two groups, olfactory and airflow effects were still perceived positively by both groups. The same observation holds in respect of the quality of visual display, as well as the overall quality and enjoyment of the 360° video viewing experience.

#### 4.5.5. How familiar are you with VR experiences? (PExp5)

p-Values in Table 6 show significant statistical differences between responses to **QoE1** ( $\chi^2(2) = 10.52$ ,  $p = 0.005$ ), **QoE3** ( $\chi^2(2) = 6.19$ ,  $p =$

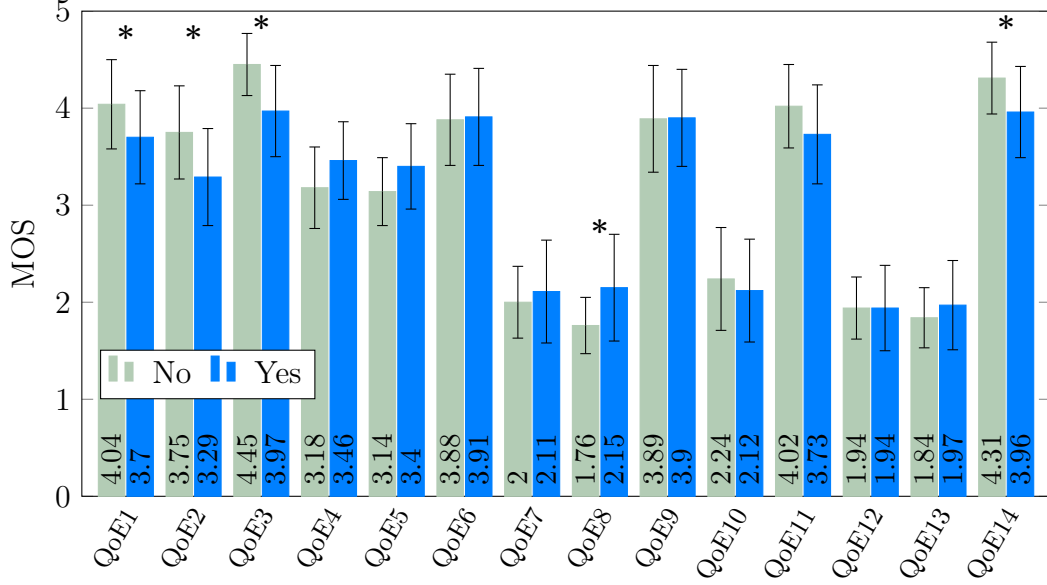


Figure 6: Have you used a Virtual Reality (VR) headset before?

Table 10: Dunn’s pairwise tests for PEx5: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

$QoE_{ID}$		G1	G2	$MR_{G1}$	$MR_{G2}$	p
1	overall quality of the 360°experience	<i>everyday</i>	<i>not familiar</i>	30.00	83.86	0.006
3	enjoyment	<i>everyday</i>	<i>not familiar</i>	37.75	79.40	0.042
6	realism olfaction	<i>everyday</i>	<i>few occasions</i>	64.89	77.99	0.043
8	annoyance caused by olfaction	<i>everyday</i>	<i>not familiar</i> <i>few occasions</i>	129.00	66.51 71.59	0.001 0.001
12	distraction caused by airflow	<i>everyday</i>	<i>few occasions</i>	113.17	68.59	0.019
13	annoyance caused by airflow	<i>everyday</i>	<i>not familiar</i> <i>few occasions</i>	114.17	70.20 70.90	0.027 0.023

0.045), **QoE6** ( $\chi^2(2) = 8.27$ ,  $p = .016$ ), **QoE8** ( $\chi^2(2) = 13.78$ ,  $p = .001$ ),  
**QoE12** ( $\chi^2(2) = 7.85$ ,  $p = .020$ ) and **QoE13** ( $\chi^2(2) = 7.31$ ,  $p = .026$ ), when  
we consider the participants’ VR experience (**I am unfamiliar**, **I’ve expe-**

512 **rienced on a few occasions, I experience everyday**). Dunn’s tests were  
513 used to follow-up this finding (see Table 10).

514 Our results thus show that prior VR experience is an important factor  
515 which determines some crucial aspects of a user’s 360° mulsemmedia experi-  
516 ence, particularly in terms of its influence on the effect of olfactory stimuli  
517 on enhancing the sense of reality, the effects of airflow and olfactory media  
518 on user satisfaction, as well as the overall quality and enjoyment of the 360°  
519 mulsemmedia viewing experience.

520 4.5.6. *How often do you watch videos on the Internet using mobile devices?*  
521 *(PExp6)*

522 Application of the Kruskal Wallis test (Table 6) highlights that the level  
523 of use of mobile devices (**everyday, at least once a week, at least once**  
524 **a month, never**) to watch videos on the Internet significantly determines  
525 differences in participants’ responses to **QoE2** ( $\chi^2(3) = 8.044$ ,  $p = 0.045$ )  
526 and **QoE5** ( $\chi^2(3) = 11.578$ ,  $p = 0.009$ ) as further analysed in Table 11

Table 11: Dunn’s pairwise tests for PEx6: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

QoE <sub>ID</sub>		G1	G2	$MR_{G1}$	$MR_{G2}$	p
2	quality visual display	<i>once a week</i>	<i>once a month</i>	85.73	54.08	0.042
5	perceived airflow intensity	<i>once a week</i>	<i>once a month</i>	57.80	93.58	0.006

527 Users who use mobile devices to watch Internet videos more often, evalu-  
528 ate better the quality of the visual display in our multisensory setup. More-  
529 over, they perceive the intensity of airflow closer to ‘Just Fine’. The relation-  
530 ship between perceived quality and a hedonic dimension such as enjoyment  
531 is a complex one in multimedia QoE [14, 78], and our results seem to indicate  
532 that this is indeed the case with 360° mulsemmedia.

533 4.5.7. *If you are familiar with 360° videos, what device do you use to watch*  
534 *them? (PExp7)*

535 The Kruskal-Wallis test results in Table 6 revealed significant differ-  
536 ences between responses in respect to the device type (**not familiar, home**  
537 **tv, smartphone/ipad/laptop, VR headset**) used to watch 360° videos

(PExp7) for **QoE4** ( $\chi^2(3) = 9.794$ ,  $p = .020$ ) , **QoE7** ( $\chi^2(3) = 9.398$ ,  $p = .024$ ) and **QoE8** ( $\chi^2(3) = 12.921$ ,  $p = .005$ ). These differences are further analysed below.

Table 12: Dunn’s pairwise tests for PExp7: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

QoE <sub>ID</sub>		G1	G2	$MR_{G1}$	$MR_{G2}$	p
4	perceived olfaction intensity	<i>smartphone/ laptop/ ipad</i>	<i>VR headset</i>	61.29	82.13	0.018
7	distraction caused by olfaction	<i>smartphone/ laptop/ ipad</i>	<i>not familiar</i>	63.04	90.33	0.025
8	annoyance caused by olfaction	<i>smartphone/ laptop/ ipad</i>	<i>VR headset/ not familiar</i>	58.41	79.96 86.38	0.016 0.018

The fact that the particular access device influences QoE has been demonstrated for traditional audiovisual content [79, 80]; it is edifying to see that it also holds for mulsemmedia content. In particular, users who are unfamiliar with 360°content or who access it on traditional devices such as a TV seem to be more distracted and annoyed by olfactory effects than users who use VR headsets.

#### 4.5.8. What type of video content are you mainly watching on your mobile device? (PExp8)

The type of content mainly watched by the users (**static**, **semi-dynamic**, **dynamic**) influences significantly their answers to **QoE2** ( $\chi^2(2) = 14.889$ ,  $p = .001$ ), **QoE3** ( $\chi^2(2) = 13.529$ ,  $p = .001$ ), **QoE6** ( $\chi^2(2) = 12.096$ ,  $p = .002$ ), **QoE7** ( $\chi^2(2) = 13.220$ ,  $p = .001$ ), **QoE8** ( $\chi^2(2) = 13.129$ ,  $p = .001$ ) , **QoE9** ( $\chi^2(2) = 6.898$ ,  $p = .032$ ), **QoE10** ( $\chi^2(2) = 8.505$ ,  $p = .014$ ) , **QoE11** ( $\chi^2(2) = 18.984$ ,  $p < .001$ ), **QoE12** ( $\chi^2(2) = 17.467$ ,  $p < .001$ ), **QoE13** ( $\chi^2(2) = 17.709$ ,  $p < .001$ ) and **QoE14** ( $\chi^2(2) = 23.427$ ,  $p < .001$ ) (Table 6.)

Whilst there is substantial evidence that content is king in multimedia QoE (i.e. the particular dynamism - or lack thereof - of multimedia content influences QoE) [81, 18], what we have shown above is slightly different and arguably more subtle. Specifically, what appears to hold is that user viewing behaviour, in terms of content dynamism, impacts a substantial majority (Table 13) of QoE constructs (11 out of 14) in respect of 360° mulsemmedia.

Table 13: Dunn’s pairwise tests for PEx8: groups presenting significant differences (G1, G2), mean ranks for groups ( $MR_{G1}$ ,  $MR_{G2}$ ), p-values.

QoE <sub>ID</sub>		G1	G2	$MR_{G1}$	$MR_{G2}$	p
2	quality visual display	<i>semi-dynamic</i>	$\frac{static}{dynamic}$	93.64	$\frac{56.78}{70.75}$	$<0.001$ 0.019
3	enjoyment	<i>static</i>	$\frac{semi-dynamic}{dynamic}$	52.24	$\frac{75.56}{80.88}$	0.038 0.001
6	realism olfaction	<i>static</i>	<i>dynamic</i>	55.51	82.41	0.002
7	distraction caused by olfaction	<i>static</i>	<i>dynamic</i>	88.19	61.41	0.002
8	annoyance caused by olfaction	<i>dynamic</i>	$\frac{semi-dynamic}{static}$	61.39	$\frac{82.00}{86.94}$	0.033 0.003
9	enjoyment caused by olfaction	<i>static</i>	<i>dynamic</i>	58.94	79.76	0.027
10	mismatched scent	<i>static</i>	<i>dynamic</i>	83.01	63.18	0.043
11	realism airflow	<i>static</i>	<i>dynamic</i>	50.01	84.55	$<0.001$
12	distraction caused by airflow	<i>dynamic</i>	$\frac{semi-dynamic}{static}$	60.03	$\frac{80.50}{91.14}$	0.035 $<0.001$
13	annoyance caused by airflow	<i>dynamic</i>	$\frac{semi-dynamic}{static}$	59.75	$\frac{82.55}{89.85}$	0.014 $<0.001$
14	enjoyment airflow	<i>dynamic</i>	$\frac{semi-dynamic}{static}$	86.59	$\frac{65.91}{49.19}$	0.034 $<0.001$

562 Users who regularly watch dynamic content rate significantly better aspects  
563 like enjoyment (QoE3, QoE9, QoE14) and realism (QoE6, QoE11) than the  
564 other participants. Moreover, multisensory content has less negative effects  
565 on these users.

#### 566 4.6. Smell sensitivity

567 A Spearman’s rank-order correlation was run to determine the relation-  
568 ship between sensitivity to smells and perceived QoE. The correlation test  
569 results on responses with respect to participants’ smell sensitivity are shown

570 in Table 14. Each of the QoE questions which significantly correlated with  
571 an element of the smell sensitivity questionnaire is presented below.

Table 14: Correlation coefficient and p-value for smell sensitivity.

$QoE_{1-14}$	Results	$SS1$	$SS2$	$SS3$	$SS4$	$SS5$	$SS6$	$SS7$	$SS8$	$SS9$	$SS10$	$SS11$
QoE1	$r_s$	.080	<b>.177</b>	-.003	.025	.135	.161	.141	.153	.117	<b>.337</b>	.082
	p	.341	.034	.968	.768	.106	.054	.092	.067	.161	.000	.330
QoE2	$r_s$	-.085	-.124	-.081	.070	.076	<b>-.209</b>	-.122	-.097	-.108	<b>-.296</b>	.086
	p	.308	.138	.336	.402	.363	.012	.146	.249	.198	.000	.307
QoE3	$r_s$	.032	.031	.018	-.047	-.006	<b>-.206</b>	<b>-.194</b>	-.129	<b>-.178</b>	-.079	.151
	p	.699	.717	.833	.577	.943	.013	.020	.124	.033	.349	.071
QoE4	$r_s$	.064	.045	.094	.128	-.011	.123	.135	.158	.098	.013	<b>.176</b>
	p	.447	.589	.263	.125	.896	.142	.107	.059	.242	.879	.035
QoE5	$r_s$	-.052	.018	.144	.044	-.103	.076	.012	.048	.015	.157	.036
	p	.534	.827	.085	.600	.218	.364	.889	.567	.857	.060	.671
QoE6	$r_s$	<b>-.172</b>	-.084	<b>-.234</b>	<b>-.259</b>	-.077	<b>-.243</b>	<b>-.181</b>	<b>-.283</b>	-.160	-.085	-.016
	p	.040	.320	.005	.002	.356	.003	.030	.001	.055	.309	.847
QoE7	$r_s$	.000	-.040	-.001	.138	.084	.100	.047	.090	.111	.061	-.040
	p	.998	.638	.988	.100	.319	.234	.578	.282	.184	.470	.631
QoE8	$r_s$	-.057	-.057	-.081	.106	.102	.085	.042	.050	.105	.039	-.154
	p	.498	.495	.333	.207	.223	.309	.613	.556	.210	.646	.065
QoE9	$r_s$	.021	.063	-.069	-.101	-.019	<b>-.206</b>	<b>-.183</b>	<b>-.295</b>	<b>-.175</b>	.057	.033
	p	.805	.456	.412	.229	.820	.013	.028	.000	.036	.495	.692
QoE10	$r_s$	.089	.092	.079	.160	<b>.223</b>	.160	<b>.164</b>	<b>.277</b>	.159	.162	.123
	p	.289	.271	.345	.056	.007	.055	.049	.001	.057	.052	.141
QoE11	$r_s$	-.124	-.146	<b>-.275</b>	<b>-.201</b>	-.032	<b>-.257</b>	-.152	-.138	<b>-.173</b>	<b>-.323</b>	-.035
	p	.138	.082	.001	.016	.700	.002	.068	.098	.038	.000	.676
QoE12	$r_s$	<b>.235</b>	<b>.190</b>	.080	<b>.215</b>	.151	<b>.239</b>	<b>.191</b>	<b>.239</b>	.139	.096	.083
	p	.005	.023	.339	.010	.071	.004	.022	.004	.096	.252	.321
QoE13	$r_s$	.118	.103	-.031	.156	.103	<b>.209</b>	<b>.186</b>	.125	.103	.068	-.049
	p	.159	.220	.711	.061	.219	.012	.025	.137	.217	.421	.562
QoE14	$r_s$	-.061	-.047	-.163	-.124	.034	<b>-.253</b>	<b>-.182</b>	-.118	<b>-.181</b>	-.137	.070
	p	.466	.578	.051	.139	.689	.002	.029	.160	.029	.102	.405

572 • Users who reported that *When I enter into freshly painted rooms, I*  
573 *easily develop difficulty in breathing (SS1)* gave negatively correlated  
574 ratings with the enhancement of the sense of reality due to the olfac-  
575 tion effect (QoE6, p=.040). However, a statistically significant positive

- relationship is found with the level of distraction experienced due to the airflow effect (QoE12,  $p=.005$ ). So, this category of users tends to perceive negatively the sense of reality introduced by olfactory effects as well as to perceive airflow effects as distracting.
- Positive correlations were observed between users who professed that *Sprays and drying paint give me a feeling of difficulty in breathing (SS2)* and their ratings of the quality of the 360° video experience (QoE1,  $p=.034$ ). A positive correlation is also observed in this respect with the tendency of users to appreciate the enhancement of the sense of reality due to the airflow effect (QoE11,  $p=.023$ ).
  - Participants who admitted that *Small quantities of smoke make me cough (SS3)* gave negatively - and significant - correlated ratings as regards their perception that the effects of olfaction (QoE6,  $p=.005$ ) and airflow (QoE11,  $p=.001$ ) enhance the sense of reality. Thus, it would seem that the potential of multi-sensory effects to enhance the sense of reality is limited for such participants
  - Users who reported that *As soon as I smell smoke, I have difficulty in breathing (SS4)* have significant but negatively correlated ratings in respect of their sense of reality being enhanced due to olfaction (QoE6,  $p=.002$ ) and airflow (QoE11,  $p=.016$ ) effects. Moreover, such users' ratings showed significant and positive correlations with opinions in respect of the airflow's distracting effect (QoE12,  $p=.010$ ). This shows that for such users olfactory and airflow effects might be detrimental to their QoE.
  - A significant and positively correlated relationship was observed between users who reported that *I cannot stay in smoky rooms for a long period of time (SS5)* and those who said the scent was mismatched to what they were watching (QoE10,  $p=.007$ ).
  - Participants who declared that a *Strong smell of paint gives me a feeling of nausea (SS6)* gave positively - and significant - correlated ratings as regards to their perception of distraction (QoE12,  $p=.004$ ) and annoyance (QoE13,  $p=.012$ ) due to airflow effect. However, the ratings correlated significantly - but negatively with respect to their perception on the appropriateness of quality of visual display (QoE2,  $p=.012$ ), and



- 610 overall enjoyment of the 360° video experience (QoE3,  $p=.013$ ). Ad-  
 611 ditionally, it significantly - but negatively - correlated with the users'  
 612 perception of enhanced sense of reality (QoE6,  $p=.003$ ) and enjoyment  
 613 due to olfactory effects (QoE9,  $p=.013$ ), as well as enhanced of sense of  
 614 reality (QoE11,  $p=.002$ ) and enjoyment due to airflow effects (QoE14,  
 615  $p=.002$ ). It thus seems that airflow and olfactory effects are not suited  
 616 for this category of participants.
- 617 • User ratings to a *Strong smell of paint and smoke makes me feel dizzy*  
 618 (*SS7*) significantly - and positively - correlated in regards to their rat-  
 619 ings on the mismatch of scent with what was watched (QoE10,  $p=.049$ ),  
 620 as well as their perception of distraction (QoE12,  $p=.0022$ ) and annoy-  
 621 ance (QoE13,  $p=.025$ ) associated with airflow effects. Additionally,  
 622 their ratings correlated significantly - but negatively - with respect to  
 623 their perception of the overall enjoyment of the 360° video experience  
 624 (QoE3,  $p=.020$ ), the enhanced the sense of reality (QoE6,  $P=.030$ ) and  
 625 enjoyment (QoE9,  $p=.028$ ) due to olfactory effects, as well as enjoyment  
 626 due to airflow effects (QoE14,  $p=.002$ ). Thus, it seems that introduc-  
 627 ing multisensory effects is not recommended for users possessing this  
 628 particular type of smell sensitivity.
  - 629 • Participants who professed that *I am very sensitive to the smell of petrol*  
 630 *at petrol stations (SS8)* had ratings which significantly - and positively -  
 631 correlated with their perception of mismatched scent (QoE10,  $p=.001$ )  
 632 and distraction due to airflow effect (QoE12,  $p=.004$ ). Moreover, cor-  
 633 relation analysis highlighted a significant - but negative - relationship  
 634 with respect to their perception of an enhanced sense of reality (QoE6,  
 635  $p=.001$ ) and enjoyment (QoE9,  $p<.001$ ) due to olfactory effects. Multi-  
 636 sensory effects do not seem to lead to an enhanced QoE for this category  
 637 of users, quite the contrary.
  - 638 • Users who admitted that *I develop difficulty in breathing the smell of*  
 639 *detergents (SS9)* gave significantly - but negatively - correlated ratings  
 640 with respect to their perception of enjoyment due to olfactory (QoE9,  
 641  $p=.036$ ) and airflow (QoE14,  $P=.029$ ) effects as well as the overall 360°  
 642 video experience (QoE3,  $p=.033$ ), and enhanced sense of reality due to  
 643 airflow effects (QoE11,  $p=.038$ ). Again, multisensory effects would not  
 644 be recommended for users with this type of smell sensitivity.

- 645 • Users who admitted that *I cannot tolerate certain perfumes (SS10)* had

646 ratings which significantly - and positively correlated - with the overall

647 quality of the 360° video experience (QoE1,  $p < .001$ ). However, their

648 ratings significantly - but negatively - correlated with respect to their

649 perception of the appropriateness of the quality of visual display (QoE2,

650  $p < .001$ ), and enhanced sense of reality due to airflow effect (QoE11,

651  $p < .001$ ). On balance, 360° mulsemmedia experiences are appropriate for

652 this category of users, especially if airflow effects are used sparingly.
- 653 • A significant and positive correlation was observed between users' rat-

654 ings on *Exhaust gases are very unpleasant for me (SS11)* and the inten-

655 sity of the olfaction effect (QoE4,  $p = .035$ ). Perhaps unsurprisingly, it

656 seems that scent intensity is an important factor in the design of 360°

657 mulsemmedia experiences, particularly for this kind of users.

658 Our analysis has thus shown that, with the possible exception of users

659 who *cannot tolerate certain perfumes* and those who confessed that *Sprays*

660 *and drying paint give me a feeling of difficulty in breathing*, 360° mulsemmedia

661 effects should be used parsimoniously, if at all, for individuals with declared

662 smell sensitivities.

## 663 5. Conclusion

664 360° videos and VR provide a new content experience that goes beyond

665 traditional media. However, in order to understand how they can be used to

666 enhance the audience's experience, it is important to get a deeper insight into

667 viewer behaviour. Our research investigates key aspects related to the influ-

668 ence of various human factors (e.g., age groups corresponding to Generation

669 X, Y, Z; gender; previous experience) on the evaluation of omnidirectional

670 videos enhanced with multisensory effects.

671 The findings of this research offer novel practical implications (sum-

672 marised in Figure 7) to consider when designing future interactions with 360°

673 multisensory media for different categories of consumers (e.g., Generation Y,

674 Z, etc.). We showed that today's teenagers - 18 to 26-year-olds (Genera-

675 tion Z) - assess positively certain dimensions of QoE (enjoyment, quality,

676 degree of realism) in 360° mulsemmedia setups. Moreover, for the same users,

677 possible negative effects (e.g., annoyance, distraction) are reduced. These

678 observations can benefit and add new dimensions to the high use of video

amongst today's teenagers. Generation Z watches (and creates) personalised video content<sup>2</sup>. Their attention span is short, thus creators must focus on bite-sized content that engages them. Mulsemmedia might offer Generation Z new tools for creating and shaping media experiences and culture, stimulating their diversity [82]. Based on our findings, enhancing content with multisensory effects can be used to target the engagement of this generation. Moreover, mulsemmedia has potential [83, 84] to enrich experiences of Generations Y and X - aged 26 to 60 years - who are interested in entertainment and nostalgia-driven content<sup>3</sup>.




















	 Gen X: Nostalgia-driven content, DIY videos, news
	 Gen Y: News, unboxing, entertainment (quick and fun)
	 Gen Z: Humour, short and snappy content
Design considerations for 360° mulsemmedia	
Perceived intensity of olfactory and airflow effects	   
Enjoyment, quality, degree of realism	     
Annoyance, distraction, mismatch	    

Figure 7: Design considerations for 360° mulsemmedia.

Another interesting finding of this study is that gender is an important factor to consider when setting up the intensities of multisensory effects - with women displaying an increased sensitivity compared to men. This dimension is affected also by the previous experience of users in terms of HD videos watching patterns, and usage of VR devices and phones for watching videos.

Overall, the influence of an individual's prior experience on QoE has revealed significant insights into the importance and possibility of incorporating the above-mentioned factors for personalizing the 360° mulsemmedia experience in order to achieve an enhanced QoE. These results have to be tempered somewhat by the fact that, in the exploratory study reported herein, we used an *ad hoc* and, as of yet, unvalidated, research instrument to characterise this particular user aspect. With this in mind, our results do nonetheless indicate

<sup>2</sup>How to Create Content that Appeals to Gen Z available at <https://upcity.com/blog/how-to-create-content-that-appeals-to-gen-z/>, accessed on 2020-09-11.

<sup>3</sup>The YouTube Habits of Baby Boomers, Gen X, Millennials, and Gen Z available at <https://www.theshelf.com/the-blog/youtube-habits>, accessed on 2020-09-11.

that users' prior experience regarding the levels of dynamism of the videos they watch is an important factor which determines 360° mulsemmedia experience in many aspects. To the best of our knowledge, this is the first time - in a multimedia or mulsemmedia context - that the levels of video dynamism predominantly encountered by users in their viewing habits have been shown to influence their QoE. Particularly, participants who watch dynamic video content tend to have a better 360° mulsemmedia experience, while those who watch more static content have the lowest.

Our results also showed that the overwhelming majority of QoE questions in our study were significantly influenced by particular characteristics of users' smell sensitivity. Knowledge of a user's particular smell sensitivity is thus instrumental in enhancing their 360° mulsemmedia experience and gives mulsemmedia designers an important insight into how incorporating it in 360° mulsemmedia systems is able to deliver a personalized - and enhanced - experience. It is also worth highlighting that our work, whilst exploratory in nature, could lay the foundation for building theoretical and predictive models incorporating human factors for the betterment of QoE. Indeed, this is valuable future work. Moreover, as an exploratory study, the generalizability of the results and conclusions generated also need further confirmatory work.

In concluding, we remark that multisensory 360° videos and VR are not simply elaborated versions of traditional media. Given that new generations are true digital natives with brains wired to sophisticated, complex visual imagery - they are the ones to benefit from and to exploit this type of new media. In this paper, we offer empirical evidence that human factors should be taken into account in the design of immersive mulsemmedia. However, we have explored but a subset of human factors here - future studies might investigate the importance of other dimensions, such as culture, personality and cognitive styles.

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